

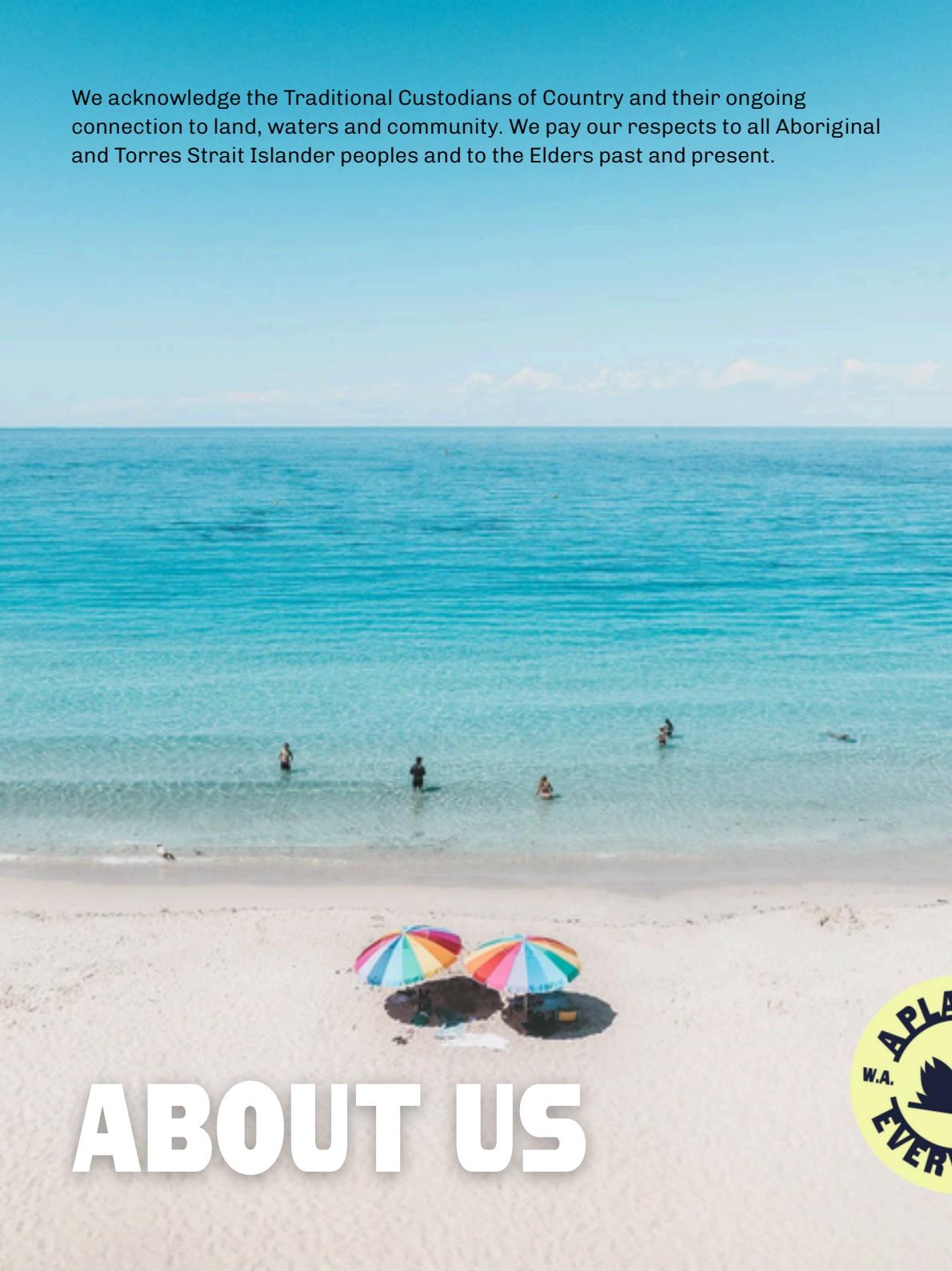


# YOUR GUIDE TO DOING LOCAL GOOD

A practical guide to taking action and making  
a real difference in your local community.

**NO PLACE FOR  
POVERTY**

A Guide by No Place for Poverty



We acknowledge the Traditional Custodians of Country and their ongoing connection to land, waters and community. We pay our respects to all Aboriginal and Torres Strait Islander peoples and to the Elders past and present.

# ABOUT US

## Welcome

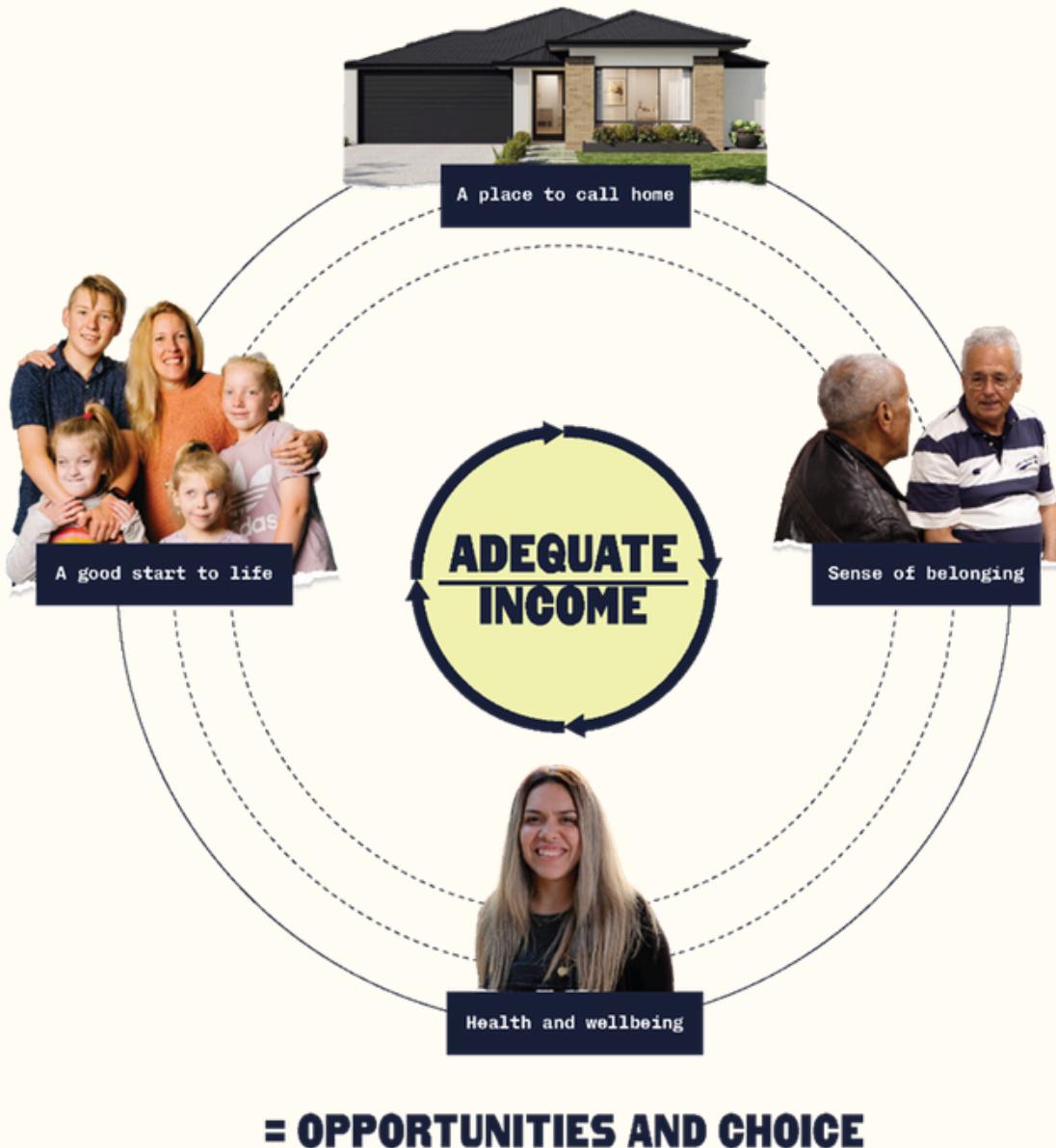
No Place for Poverty brings West Australians together to find common ground, take action and build a stronger WA community.

We believe that poverty has no place in WA's heart, our economy, or our collective potential.

By becoming more informed by the facts, hearing unique stories from the people who are living in poverty, and from people who want to see an end to this issue, we hope that you will unite with us to push for fairer systems.

This movement ultimately is a rallying cry for change and reflects our determination to create a fairer future for all.





## Foundations for a Good Life

**We all want to live a good life.**

A good life means having a safe home, decent health and wellbeing, a fair start in life, and the chance to belong, be accepted, and access opportunities and choice.

But not everyone in our community gets that fair chance.

Poverty takes more than income—it takes away the opportunity to fully participate in our community and our economy. And when people are held back, all of us are held back. We are stronger when everyone has the chance to thrive.

**So, what can we do about it? Plenty.**

Use this guide alongside our video or in-person workshop to discover how you can create ripples for change.

**Image:** No Place for Poverty's model for a good life free from poverty

# Five Dimensions of Poverty

The table below highlights five ways poverty can hold people back from building a good life for themselves and their families.

| Foundations of a Good Life  |                                 | Impacts of Poverty on a Good Life                                |
|---|---------------------------------|--|
|    | <b>Adequate income</b>          | Not enough money to afford life's essentials.                    |
|    | <b>Health and Wellbeing</b>     | Lack of health supports = increase in chronic health conditions. |
|    | <b>A place to call home</b>     | Lack of affordable housing = no place to call home.              |
|   | <b>A good start to life</b>     | Children don't get what they need.                               |
|  | <b>Perception and belonging</b> | Loss of connection with their community and feeling 'othered'.   |

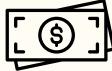
## Why poverty matters to all of us.

Poverty limits people's ability to take part in their own lives and communities, reducing the opportunities and choices available to them.

# Ideas to Inspire Action

**This table is here to help spark ideas for local initiatives that respond to poverty in meaningful ways.**

There are many ways you could help. These examples are simply a starting point. Click on the links below and see how you could adapt, build, join, or create something based on the time and support you can offer.

|  <b>Adequate Income</b>   |  <b>Health and Wellbeing</b>  |  <b>A Place to Call Home</b>  |  <b>A Good Start to Life</b>  |  <b>Perception and Sense of Belonging</b>   |
|--|--|--|--|--|
| <b>Clothing:</b> <ul style="list-style-type: none"> <li><a href="#">Dress for Success</a></li> <li><a href="#">Thread Together</a></li> <li>Clothes Swaps (see local events)</li> <li>Mending/repair lab (see local events)</li> </ul> | <b>Hygiene and Health Products:</b> <ul style="list-style-type: none"> <li><a href="#">Share the Dignity</a></li> <li><a href="#">Healing Smiles</a></li> </ul>  | <b>Practical:</b> <ul style="list-style-type: none"> <li><a href="#">Dadbury</a></li> <li>Study Hubs (see local council)</li> <li><a href="#">Property with Heart by NESTI Realty</a></li> </ul> | <b>School Stationary:</b> <ul style="list-style-type: none"> <li><a href="#">Give Write</a></li> <li><a href="#">Fair Game</a></li> <li><a href="#">Little Things for Tiny Tots</a></li> </ul> | <b>Opportunities for Connection:</b> <ul style="list-style-type: none"> <li><a href="#">Act Belong Commit</a></li> <li><a href="#">Befriend</a></li> <li><a href="#">Town Team Movement</a></li> </ul> |
| <b>Food:</b> <ul style="list-style-type: none"> <li><a href="#">Feed it Forward</a></li> <li><a href="#">Community Pantry</a></li> <li><a href="#">Community Garden</a></li> </ul>   | <b>Family and Domestic Violence:</b> <ul style="list-style-type: none"> <li><a href="#">Friends with Dignity</a></li> <li><a href="#">Worthy Australia</a></li> <li><a href="#">DV Safe Phone</a></li> <li><a href="#">Zephyr Education</a></li> <li><a href="#">13YARN</a></li> </ul> | <b>Starting Over Support:</b> <ul style="list-style-type: none"> <li><a href="#">The Essentials Collective</a></li> <li><a href="#">GIVIT</a></li> </ul>   | <b>Books:</b> <ul style="list-style-type: none"> <li><a href="#">Little Libraries</a></li> <li><a href="#">Better Beginnings</a></li> </ul>  | <b>Acts of Kindness:</b> <ul style="list-style-type: none"> <li><a href="#">Pay It Forward</a></li> <li><a href="#">Dandelions WA</a></li> </ul>   |

**Think big or small.**

Every action towards helping our people live a better life is what matters.

# Four Questions to Guide Your Approach



## Getting started

Use the Planner (page 7) to jot down your responses, choose your action and get started.

# Your Action Planner

|  |   |
|--|---|
| <b>What needs in your community are you interested in?</b> | Dimensions of poverty: Adequate income, health and wellbeing, a place to call home, a good start to life, perception and belonging. |
| <b>What initiatives already exist in your community?</b>   | Are there gaps to fill, initiatives to support or replicate or strong groups who can help?  |
| <b>What is your appetite for action?</b>                   | Are you interested in acts of service, awareness raising or advocacy? What is your availability, your skills, your connections?     |
| <b>What support or resources do you need?</b>              | Remember you can contact No Place for Poverty for guidance on your idea.  |
| <b>What is your action plan?</b>                           | Use this space to make notes about your plan and what you need to do to put it into action.   |



# LET'S DO IT

## A simple idea

At the heart of No Place for Poverty is the simple idea that:

For anyone who feels like they can't make a meaningful difference, change doesn't have to start big. When lots of people take small actions, together they create real impact.

**Lots of People x Small Actions = Big Results**

## Do what you can

Sometimes it starts with choosing to do something, rather than nothing.

## Use what you've got

Use the energy, time and skills you have today, rather than waiting for the perfect moment.

## Where you are

You can't do it all, so pick what's in front of you and start there.

**Then watch the ripple effects of your positive actions extend further than you can imagine.**



FOR  
SUPPORT



## Are you part of a group?

Our **FREE workshops** give you practical, positive ways to make a real difference.

We keep things flexible, designed to fit your group, your goals, and your time.

**Find out more here:**

[noplaceforpoverty.org.au/take-action/workshops-resources](https://noplaceforpoverty.org.au/take-action/workshops-resources)

## Reach out

If you'd like a bit of support, we're here for you. We run free workshops, can share more information, connect you to useful resources and help bring your ideas to life. We'd love to work with you to make a real difference in WA.

**Email us at:**

[connect@noplaceforpoverty.org.au](mailto:connect@noplaceforpoverty.org.au)

**Visit our website:**

[noplaceforpoverty.org.au](https://noplaceforpoverty.org.au)